

HAVANA SYNDROME, INC.

Treatment, Protection, Rehabilitation & ongoing Research



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ABOUT - Havana Syndrome 2016 Havana, Cuba the year and place when the 1st reports of injuries from Remote (No-Touch) Microwave Neurological Weapons attacks began. At first thought to be foreign powers, but as investigations continue they seem to be leading towards terrorism. Embassy Workers & Citizens from around the world have been reporting similar injuries where many of the VICTIMS suffered brain trauma & neurological related injuries. The search continues for the TERRORISTS / CRIMINALS armed with these NEW Remote (No-Touch) Weaponized Technologies.

Happy New Year

Thankful that we started the New Year with the continued help of President Biden, CIA, Department of Defense and U.S. Intelligence Community Panel investigating the who what, where and how of Havana Syndrome.

In this issue citizens that have been and continue to suffer from Acoustic, Neurological attacks = Havana Syndrome injuries have shared some of their information about the types of testing and self treatments that has helped them..

Consult with your personal physician before getting tested or trying any of their home remedies that help to temporarily relieve pain.

Injuries

- ✦ “Transmitted Visions” (images & video) Dry eyes - To block - Moisten eyes 👁️👁️ with bottled sterilized water, eye cup, three times daily. Open eyes in water, close with some water inside, then bend head backward. While eyes closed move eyes back & forth. Then open. Repeat once.
- ✦ Ear ringing - silicon ear plugs reduces ear drum banging. Best use when sleeping only.
- ✦ Body pain, severe chills - Epsom salt bath (daily)

Specialists / Tests - *Get tested. Get your injuries on the books as soon you begin to experience symptoms / injuries.*

- ✦ Primary Care - annual physical
- ✦ Neurologist - Angiogram, EEG, PET
- ✦ Audiologist - Balance test, Tympanometry, Otoscopy
- ✦ Cardiologist - Echocardiogram, Ankle-brachial index (ABI) test
- ✦ Rheumatologist - Arthritis tests.