March 1, 2022 VOL 1. Issue 3

HAVANA SYNDROME, INC.

Treatment, Protection, Rehabilitation & ongoing Research



Website:

www.HavanaSyndrome.us

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ABOUT - Havana Syndrome 2016 Havana, Cuba the year and place when the 1st reports of injuries from Remote (No-Touch) Microwave Neurological Weapons attacks began. At first thought to be foreign powers, but as investigations continue they seem to be leading towards terrorism. Embassy Workers & Citizens from around the world have been reporting similar injuries where many of the VICTIMS suffered brain trauma & neurological related injuries. The search continues for the TERRORISTS / CRIMINALS armed with these NEW Remote (No-Touch) Weaponized Technologies.

Movin forward.

It's important for Victims of Havana Syndrome (Direct Energy, Microwave, Neurological & Acoustic weapons) go to their doctor and/or hospital to be seen by a medical professional that can perform tests and document the injuries as they happen.

Individuals that feel a zap to the head or any other body part, or a pulsing in the head, back, arm, leg, etc. are experiencing Havana Syndrome. Not all local physicians & hospitals have been informed yet. That is one of the reasons Havana Syndrome Center is needed to treat Victims suffering from these type of Neuro & biological injuries.

In the meantime, go to investigative doctors, hospitals, specialists, etc. Report your what you FEEL not what you THINK is happening. Descriptions can get you locked up in the mental institution!

United States of America government are working tirelessly to find the Who, What, When, from Where and more importantly How of Havana Syndrome.

News Update:

The mysterious illness known as "Havana Syndrome" may be caused by a sort of "pulsed electromagnetic energy," a panel of US intelligence experts said.

More than 1,000 officials, employees, and families linked to US embassies and missions around the world have reported symptoms of the illness, which include headaches, vertigo, and sound heard in only one ear.

LINK > https://news.yahoo.com/mysterious-havana-syndrome-may-attacks-121023603.html?soc_src=social-

sh&soc trk=tw&tsrc=twtr?bingParse

Source: Yahoo News

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Citizens that are still suffering from Havana Syndrome (Acoustic, Neurological weapons) injuries have had the following tests to help separate FACT from FICTION. Also sharing self treatments that has helped them. Consult with your personal physician FIRST before getting tested or trying any of the following home remedies that has helped other VICTIMS to "temporarily" relieve pain.

INJURIES

- * <u>Bent back, posture</u> Voice(s) #VoiceToSkull "users" coaches Victim into using multiple pillows and/or looking down while walking, running, etc., resulting in hunch back.
- * Mouth (gum disease) Periodontist for deep cleaning
- * <u>Body cooking</u> Keep body hydrated, drink non-alcoholic, sugar-free beverages, ex. water. Move away from area where weapon is directed, when you walk away far enough body temp balances. Periodic epsom salt baths.
- * Transmitted Visions" (images & video) Dry eyes To block Moisten eyes • with bottled sterilized water, eye cup, three times daily. Open eyes in water, close with some water inside, then bend head backward. While eyes closed move eyes back & forth. Then open. Repeat as needed. Change water for each eye. Do not reuse water, use fresh water, eye drops, etc.
- * <u>Ear ringing</u> silicon ear plugs reduces ear drum banging. Best use when sleeping only. The silicon ear plugs releases suction when pressure is built up in Victim's brain. Foam plugs do not.
- * Body pain, severe chills Epsom salt bath (daily)
- * <u>Severe disorientation</u> Emergency room, Doctor, ice cold baths 💨 🥶

<u>TESTS</u> - Get tested. Get your injuries on the books as soon you begin to experience symptoms / injuries.

- * Primary Care annual physical
- * Neurologist Angiogram, EEG, PET
- * ENT Tinnitus
- + Otolaryngologist Havana Syndrome
- * Audiologist Hot & Cold Air Balance test, Tympanometry, Otoscopy
- * Cardiologist Echocardiogram, Ankle-brachial index (ABI) test
- * Rheumatologist Arthritis tests.
- * Chiropractor Body pain, spinal tests
- ◆ Dentist / Periodontist to monitor "mouth gums" that can lead to gum disease.

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