

# HAVANA SYNDROME AWARENESS MONTH



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## HAVANA SYNDROME, INC.

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## WHAT IS HAVANA SYNDROME?

**Although it's named Havana Syndrome, cases have been reported around the globe**

“Havana Syndrome” was named by the media because the first reported cases occurred in Havana, Cuba. (GAO 2024) But cases of these symptoms have also been reported in other countries— including Austria, China, Colombia, Georgia, Germany, India, Poland, Russia, Vietnam, and even in the continental United States.

Symptoms / Injuries include attacks of the central nervous system, headaches, fatigue, hearing and vision loss, severe and debilitating cognitive impairment, soporific, tinnitus, brain fog, vertigo, hair breakage – from electroshocks, loss of motor control, hot and cold flashes, chronic sinusitis and dry eyes. It also impairs thinking, reduces situational awareness, inflicts long-term neurological damage, brain injury and cloud normal cognitive functions. Its effects are complex, painful, and inconsistent.

Some victims have described being bombarded by waves of pressure in their heads. While a few reported hearing noises that sound like an immense swarm of cicadas filling their heads. Others portray the effects as a wall of sound, in one place but not another, as if they are deliberately stalked.

The number of victims is unknown, but as many as 334 Americans with relevant symptoms qualified for care in the military health system. Americans reporting symptoms were often federal employees in the intelligence community and various other agencies, as well as their families. They have reported experiencing symptoms in workplaces, residences, and even during daily commutes. While the reported signs and symptoms vary, in some

cases their severity has led to lasting cognitive, sensory, and balance problems.

A 2020 National Academies of Sciences, Engineering, and Medicine report proposed that the neurological symptoms could be the result of a radio frequency energy of radiation that includes microwaves.

(NASEM 2020), Based on a review of these information sources, the committee finds that many of the acute, early phase symptoms and observations reported by DOS employees are consistent with RF effects, including a perceived clicking sound within the head even when the ears were covered, a perceived force/pressure sensation



within the head and on the face, perceived spatial localization and directionality of these perceived phenomena and other loud sounds, hearing loss, tinnitus, impaired gait and loss of balance, as well as the absence of heating sensation and absence of observed disruption of electronic devices in the immediate environment. In addition, many of the chronic, nonspecific symptoms are also consistent with known RF effects, such as dizziness, headache, fatigue, nausea, anxiety, cognitive deficits, and memory loss.

## WHY ARE WE RAISING AWARENESS ABOUT HAVANA SYNDROME

Because research and speciality treatment should be available to everyone including veterans & civilians. The public should be informed about the existence of energy weapons technology that can “INTERNALLY”, injure and disable the human body without leaving a mark, as evidenced as by Havana Syndrome aka Anomalous Health Incidents. Reports of these attacks took place while Victims and children were at home.

Technology is amazing when used for good, but when used to hurt, harass or control others, its destructive.

## HAVANA ACT – October 2021

The Helping American Victims Afflicted by Neurological Attacks (HAVANA) Act of 2021 was signed by President Biden in October 2021. (USDOC – 2024) The Act provides for the possibility of one-time, lump sum payments for those affected by Anomalous Health Incidents (AHIs). See references below for website link to see details about the Havana Act.

## ACTIVE, INACTIVE MILITARY & VETERAN SUICIDE

There were 94 service member suicides in early 2024 — up from 91 in the first quarter of 2023. Among Reserve troops, there was an increase from 18 to 24 suicides, and a decrease from 26 to 21 among National Guard members, where Havana syndrome may have played a part. That is why we need standardized testing and treatment for anyone that reports the Havana Syndrome symptoms, external voices talking him or her into suicide.

Weapons technology companies are increasingly determined to remotely connect into the human mind in order to affect human behavior whereby making it easier for them to control and manipulate our decisions.

Some tech can beam “OUTSIDE”, voices into our mind without our knowledge. Some Victims that experienced it dismissed it as the inner voice at first, then realized it was coming from an external source that has yet to be found.. Beware anyone that has access to this technology can talk the person they are stalking into anything, including anger, criminal acts &/or suicide. This tech can even replay bad memories over and over again until the victim breaks.

### References:

- Havana Syndrome—Americans Affected by Mysterious Symptoms May Struggle to Get Care, Government Accountability Office, Posted on July 29, 2024, <https://www.gao.gov/blog/havana-syndrome-americans-affected-mysterious-symptoms-may-struggle-get-care#:~:text=Severe%20headaches%2C%20dizziness%2C%20blurred%20vision,in%20the%20ears%20and%20head>
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# What is Havana syndrome?

The medical mystery named for the Cuban city where U.S. diplomats first experienced sudden, debilitating symptoms in 2016 has been reported by Americans serving in several other countries.

Acute symptoms (often occurring suddenly) may include:

Loud sounds (sometimes described as chirping, clicking or screeching) and pain in one or both ears; many felt the sensations came from a particular direction or were felt when in a specific location

Tinnitus, hearing loss

Intense pressure or vibration inside the head

Difficulty with memory or concentration

Visual disturbances

Nausea

Unsteady gait, loss of balance, vertigo/dizziness

Chronic symptoms (can last weeks, months or longer) may include:

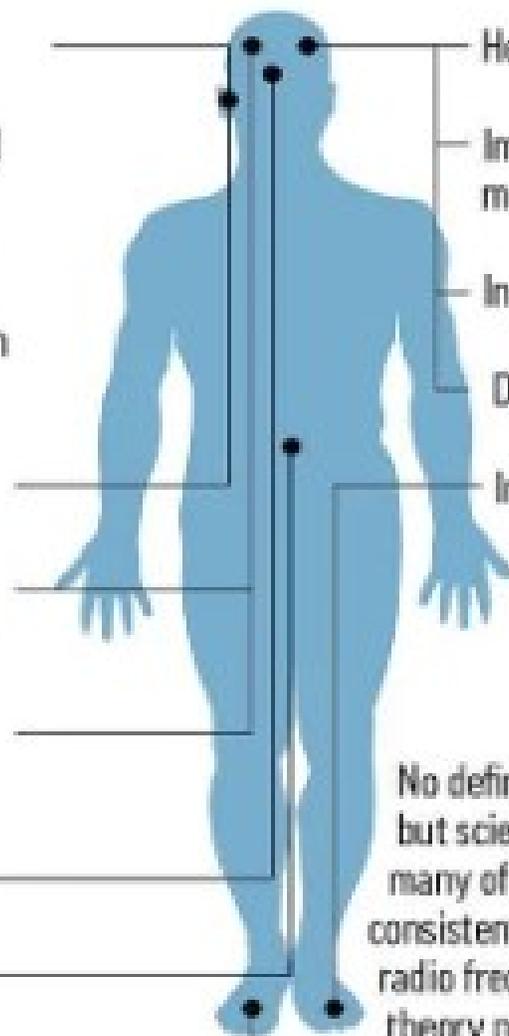
Headache

Impaired concentration, memory loss

Insomnia

Depression

Impaired balance



No definitive cause has been found, but scientific studies have noted many of the acute symptoms are consistent with exposure to directed radio frequency (RF) energy. One theory posits the use of RF energy by a U.S. adversary as a weapon or a tool of espionage.

Source: National Academy of Sciences



## ADVANCED TECHNOLOGIES

**Directional speakers** – Directional speakers were used in a supermarket to beam a voice into the shopper’s head (inner voice), telling each one to buy a banana. (see video - <https://www.youtube.com/watch?v=8HGln6ooGyg>)

**LRAD (Long range acoustic device)** – LRADs emit highly focused sound waves within the primary range of human hearing frequencies, & can project intelligible voice messages above background noise. They can broadcast messages over distances of up to 5.5 kilometers.

**Voice to skull Technology** – Interview (Eric Hecker <https://www.youtube.com/shorts/EsOzrpyqj60>)

**The human body could be regarded as a transmitting antenna or receiving antenna to achieve the signal transmission.** (Evaluation of Propagation Characteristics Using the Human Body as an Antenna - PMC

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5751732/#:~:text=Thus%2C%20it%20was%20inferred%20that,considered%20an%20effective%20transmitting%20antenna.>)

**NEURO WEAPONS** – Researchers from the Chinese Academy of Sciences have created a handheld sonic gun designed to help the nation’s military and law enforcement agencies disperse crowds, according to a new *South China Morning Post* story. All the USER of the device has to do is point it at a crowd and shoot — and focused waves of sound will cause the targets’ eardrums, eyeballs, and brains to vibrate painfully. The sonic gun is powered by inert gas. When the gas is heated, its particles begin to vibrate, and the device emits a deep, monotonous sound. When they tested the sonic gun in the field, the researchers found that it causes “extreme discomfort”. Sonic weapons are nothing new. In 2016, an unknown attacker may have used a sonic weapon against U.S. government personnel in Havana, Cuba, and reports of other sonic attacks date back for centuries. The primary difference between past weapons and this new sonic gun is its portability. While previous sonic guns were large, unwieldy devices typically mounted on vehicles, THIS ONE is about the size of a rifle.

**Sonic** and ultrasonic weapons (USW) are weapons of various types that use sound to injure, incapacitate, or kill an opponent. ... Some of these weapons have been described as sonic bullets, sonic grenades, sonic mines, or sonic cannons. Some make a focused beam of sound or ultrasound; some make an area field of sound.

**Microwaves** are a form of “electromagnetic” radiation; that is, they are waves of electrical and magnetic energy moving together through space. Electromagnetic radiation spans a broad spectrum from very long radio waves to very short gamma rays. The human eye can only detect a small portion of this spectrum called visible light. A radio detects a different portion of the spectrum, and an X-ray machine uses yet another portion. Visible light, microwaves, and radio frequency (RF) radiation are forms of non-ionizing radiation. Non-ionizing radiation does not have enough energy to knock electrons out of atoms. X-rays are a form of ionizing radiation. Exposure to ionizing radiation can alter atoms and molecules and cause damage to cells in organic matter. Microwaves are used to detect speeding cars and to send telephone and television communications. Industry uses microwaves to dry and cure plywood, to cure rubber and resins, to raise bread and doughnuts, and to cook potato chips. But the most common consumer use of microwave energy is in microwave ovens. Microwaves have three characteristics that allow them to be used in cooking: they are reflected by metal; they pass through glass, paper, plastic, and similar materials; and they are absorbed by foods.

**EMF – Electromagnetic weapons** are a type of directed energy weapons which use electromagnetic radiation to deliver heat, mechanical, or electrical energy to a target to cause pain or permanent damage. They can be used against men, women or children, electronic equipment and military targets generally, depending on the technology hen used against equipment, directed electromagnetic energy weapons can operate similarly to omnidirectional electromagnetic pulse (EMP) devices, by inducing destructive voltage within electronic wiring. The difference is that they are directional and can be focused on a specific PERSON using a parabolic reflector.